

Energy of Moving Objects Note-taking Guide – Answer Key

motion, position, energy, mechanical

The moving ball had the ability, or the <u>energy</u>, to knock down the vase and move the lamp. This form of energy that moving objects have is called <u>mechanical</u> energy.

This means wherever there is motion, mechanical energy is present

The ball has finally come to a stop. Although the ball isn't moving now, it has stored mechanical energy because of its <u>position</u>.

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